

ELKSTONE NEWSLETTER



It's a complicated world but I really don't need it to be complicated even further by trying to convince me that Christmas begins in October. I want a Harvest auction, Halloween, Bonfire Night and singing in The Messiah before I begin to think about Christmas! I do not want to be confronted by boxes of over-sweet 'delights', crackers, frighteningly preserved mince pies and cloying messages wishing me a 'Happy Christmas' especially when it isn't meant so far in advance. I do not want to be bounced into it by a commercial Tigger *

Please, please let me enjoy each season with all its individual pleasures.

And will the person who put the singing penguin outside my door please remove it before I dismantle it, limb by plastic limb!

* I hope you've all been listening to the radio programmes about A.A. Milne and Winnie-the-Pooh? No?? Just me then.

Barbara and Kevin

email: baarden@hotmail.co.uk

Deadline for the next newsletter - 20 November 2026

Regular Village Hall Activities		
Indoor Bowls	Every Tuesday, 7.15pm	Ronnie Bury - 870493 Martyn Wylie - 07788 912645
Art Club	Every Thursday, 9am - 1pm	Penny Casewell - 07775 941876
Yoga	Every Monday, 10.00 - 11.00am	Emma Lowther - 07967 215569

Other dates for your diary		
Waste & Recycling	Recycling boxes, recycling bags, refuse, food caddy and garden waste.	Friday 13 November Friday 27 November
	Food Caddy only	Friday 6 November Friday 20 November

November Church Services

Remembrance Sunday

Sunday 8 November

10.45am

For an Act of Remembrance at 11.00am



Sunday 15 November

11.00am

Morning Worship



Autumn Tidy Up
Saturday 21st November

From 9.30am to 12.30pm we are holding another Elkstone Churchyard clean up Morning. Please come along for some fresh air, great village chats and enjoy muddling around in the great outdoors!

All the leaves should be down and there will be lots of small jobs that need doing before winter takes hold. We will bring some tools, but any rakes and brushes would be a great help.

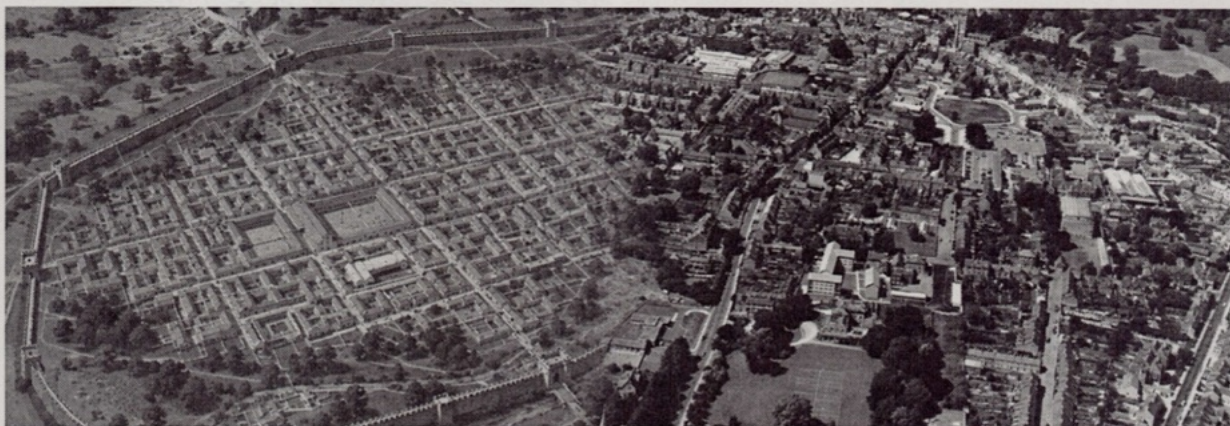
For the first time we thought we would ask for some willing hands in the church itself. We will have the materials that are required, but please bring your own gloves if you like to wear them.

There will be lots of cakes and hot drinks to keep us going.
Thank you for considering helping.

Carole
Elkstone Church



Corinium Afternoons: Cirencester 6,000 Years in 40 Minutes
Thu 12 November , 2:00 pm - 3:00 pm

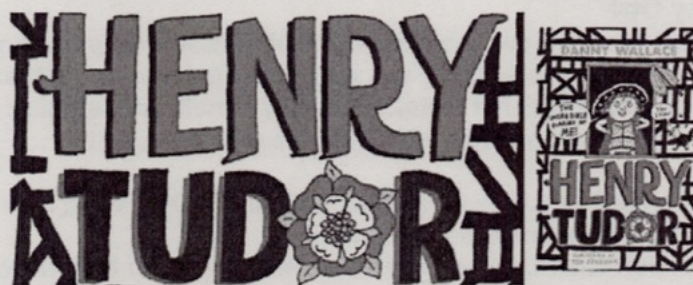


November brings a bonus Corinium Afternoons Talk, offering a fascinating journey through 6,000 years of Cirencester's history.

Join Dr Caroline Morris, Collections and Education Manager, on Thursday 12 November at 2pm, for a short tour of a long history: join us for a talk about Cirencester's History that takes you from the Neolithic to the 20th century – please remind the speaker to breathe!

Discover how people lived, worked and worshipped, and the key events and characters that shaped the town across six millennia.

Tickets are £10. Corinium Museum Members receive free entry by using the special code when checking out online.



Henry Tudor: The Incredible Diaries of Me Family Gallery Trail October 24, 2026 - February 12, 2027
At age 8-and-a-half, Henry Tudor thinks he the very BEST at EVERYTHING. Discover six facts about King Henry VIII's favourite hobbies as an adult. Follow the Prince Henry around the museum on this fun trail based on the new children's novel by award-winning writer and TV presenter Danny Wallace, illustrated by Tor Freeman

Welcome to November

As winter approaches, demand for appointments, prescriptions and vaccinations increases. Thank you for your patience and for supporting our October vaccination clinics.

Flu & COVID-19 vaccinations

Our winter vaccination programme continues. If you are eligible and have not yet been vaccinated, please arrange your appointment. Flu and COVID-19 eligibility criteria differ; check the NHS website or contact the surgery if unsure.

Urgent or routine appointments?

Same-day urgent appointments are for problems requiring prompt clinical assessment. Ongoing conditions, medication queries, follow-ups and GP advice requests are generally routine unless assessed otherwise. Our reception team helps direct patients to the right care; please treat staff with respect.

Repeat prescriptions: allow three working days

Please order medication in good time, especially ahead of Christmas or travel. Our dispensary needs three working days to process repeat prescriptions. Please avoid chasing requests before this time unless there is a genuine concern.

World Diabetes Day – 14 November

Symptoms of diabetes can include increased thirst, frequent urination, tiredness, unexplained weight loss and blurred vision. Contact the surgery if concerned, and please attend your annual diabetes review if invited.

Winter illnesses & Pharmacy First

Many coughs, colds and sore throats can be managed with self-care and pharmacy advice. Pharmacy First can help with certain common conditions without a GP appointment. Seek medical advice if symptoms worsen; use NHS 111 when we are closed, or 999 in a life-threatening emergency.

Have your say – Rendcomb Surgery Support Group

Our Patient Participation Group welcomes ideas on what works well and what could improve. Please speak to reception if you would like to share feedback or get involved.

Thank you for your continued support • From all the team at Rendcomb Surgery

Nature Watch - Tawny Owl

Tawny owls are our biggest common owl, well-known in Britain's woods, parks and gardens. The 'too-wit too-woo' call often referred to as being the song of the generic owl, is that of the tawny owl. It isn't, however, the call of a single bird, but instead made by a male and female calling to each other. The female makes a 'too-wit' sound and the male answers with 'too-woo'!

The tawny owl is mottled reddish-brown, with a paler underside. It has a big, round head, rounded wings, large, dark eyes, and a dark ring around its face.

The face is roughly a flat heart shape, and one ear is set slightly higher than the other. This means that any tiny sound on the ground is swept up to the face and conducted across to the ear, which locates the prey on the ground. They nest during springtime in hollow trees or sometimes choose to reuse an old crow's nest!

Like other owls, tawny owls can famously turn their head through 270 degrees and are able to look behind them. Although owls have binocular vision, their forward-facing eyes cannot move in their sockets, so they must turn their heads instead.